



Compassionate Care. Exceptional Results.

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Crown and Bridge Instructions

1. You may experience some soreness due to the numbing process.
2. Please be careful not to bite your lip or tongue while they are numb.
3. Eat on the other side of your mouth for today. Tomorrow it is okay to eat on the side of your mouth that was worked on if it feels comfortable. Otherwise wait another day.
4. Rinsing with warm salt water will encourage a quicker recovery, please do so 2-3 times per day for the first 3 days following your appointment.
5. Do not floss around your temporary as it may pop off. Please continue to floss your remaining teeth as usual.
6. If your temporary crown does come off you can attempt to put it back on yourself, or you can call us to re-cement it for you.
7. It is normal to experience some discomfort with the temporary crown. However, if you have symptoms that are more severe please call.
8. You will be wearing the temporary crown for approximately two to three weeks. At the next appointment we will try in your permanent crown. If all is well with the new crown, it will be cemented permanently. Occasionally, changes are needed to the permanent crown, which would require an additional appointment.
9. Thank you. If you have any other questions or concerns please call.