



Compassionate Care. Exceptional Results.

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Post Operative Instructions for Fillings

1. You may experience some soreness due to the numbing process.
2. Please be careful not to bite your lip, tongue or cheek while they are still numb.
3. Eat on the other side of your mouth for today, tomorrow you can try and eat on the side of your mouth that was worked on. If it feels comfortable, continue eating as normal, otherwise wait another day to eat on that side.
4. If the bite feels high after the numbness wears off, please call to make an appointment to get you back in as soon as possible so we may adjust it for you. If left high, it could do damage to the tooth.

If you have any questions or concerns, please feel free to call us.